

Catamount Messenger 10.13.24

Catamount Families,

This is a reminder that tomorrow, Monday October 14th, is a teacher workday. There is no school for students. Here is some other important information for you:

BIMAS Universal Screener

The BIMAS is a universal screener for assessing social, emotional and behavioral health of school age students. Your student received a letter explaining the BIMAS Universal Screener last week during Advisory with the opt out form. If you choose to opt your child out of the BIMAS, the opt out form is due to your student's homeroom teacher tomorrow. The window for teachers to complete the BIMAS is from October 17th- 31st. If you have any questions or need assistance with submitting the form, please reach out to your student's counselor.

Winter Sports Tryouts

Panther Creek winter sports tryouts will begin on Wednesday, October 30th! All student-athletes *must* have a completed and approved athlete registration ([DragonFly](#)) **AND** complete the tryout form to participate in tryouts. Visit the [PCHS Athletics website](#) to learn more.

Hurricane Helene Relief Drive

PCHS Student Council has started a supply drive to help those impacted in Western North Carolina by Hurricane Helene. Please consider [donating items](#) to the main office or room 2606 by October 16th. Thank you!

Make-up Picture Day for Underclassmen

Picture Make-Ups will be on Tuesday, October the 29th. If you did not purchase a package on or prior to underclassman picture day, you can log in at <http://cady.com/orderphotos> to view and order your 2024-2025 school pictures today!

PowerSchool checks for Quarter 1

As we near the end of Quarter 1 on October 31st, it is important that you and your student are aware of their grades and any missing assignments. Please take the time to review your student's grades in PowerSchool with them. If there are concerns about progress in a course, a good method of addressing support includes the following:

- Your student should talk with their teacher about their progress in the course and how to better align their efforts to meet their goals.

Si necesita servicios de traducción gratuitos para comprender los procesos escolares, llame al (919) 852-3303

إذا كنت بحاجة إلى خدمات الترجمة المجانية للتعرف على سير العمليات بالمدرسة، اتصل بالرقم (919) 852-3303

Si vous avez besoin de services de traduction gratuits pour comprendre les procédures scolaires, appelez le (919) 852-3303

यदि आपको विद्यालय की प्रक्रियाओं को समझने के लिए निःशुल्क अनुवाद सेवाएं चाहिए, तो (919) 852-3303 पर कॉल करें

학교/교육 과정에 관한 무료 번역 서비스가 필요하시면 다음 번호로 연락하여 주십시오 (919) 852-3303

Nếu quý vị cần sự thông dịch miễn phí để hiểu phương pháp trường học, xin vui lòng gọi số điện thoại (919) 852-3303

如果您需要免费翻译服务来了解学校流程，请致电 (919) 852-3303



- Attend SMART lunch sessions. Every department is open twice a week! [HERE](#) is the SMART lunch schedule.
- A parent teacher conference is often a helpful way to align the efforts of all stakeholders.

NC College Connect Program

Join the Advanced Learning Services and Counseling team and apply for college through the **NC College Connect program during NC College Application Week**. WCPSS staff members will be onsite to answer questions and provide technical support. NC College Connect is a new program simplifying the application process for six UNC system colleges and all NC Community Colleges.

- Knightdale HS, October 23, 2024, 6:00 pm - 7:30 pm
- South Garner HS, October 24, 2024, 6:00 pm - 7:30 pm

Inside the College Admissions Committee- What Happens Behind the Scenes

PCHS PTSA is hosting an exclusive online event, *Inside the Admissions Committee*, where we'll take you behind the scenes to see how admissions committees recruit and evaluate applicants. Learn how to position yourself as the student who stands out and receives those acceptance letters! PTSA members should have received an email with a registration link. If you haven't received it, please email president@panthercreekptsa.org. The VIRTUAL event is on Tuesday, October 15th at 6:30 pm and is hosted by The Princeton Review Online Classroom. *Note: The session will be recorded, and those who register will receive a copy of the recording afterward. This event is exclusively for PCHS PTSA members.* Not a member? Join at: panthercreekptsa.givebacks.com/store

Buddy Up for Panther Creek PTSA Membership Contest

Help grow our PTSA community and win great prizes! Get someone new to join the PTSA (parent, teacher, staff, or student) and both you and your new member will be entered into a raffle. The more referrals you get, the more chances to win! First prize is a 40 oz. Stanley cup & \$25 gift card and second prize is a Panther Creek Spirit Gear bundle. Entering is easy!

Email president@panthercreekptsa.org to let us know your buddy's name. If you're not a member yet, join with a buddy and you'll both be entered!

CDM window- now open!

The Credit for Demonstrated Mastery (CDM) window is now open. This is the process for students to earn a credit in a course without having to take the course. Information is available [HERE](#).

Career and College Promise information

Students had the opportunity to learn more about Career and College Promise (CCP) last week on October 10th during both lunches. If you would like to learn more about CCP, there is more information on the PCHS website under Student Services, or by clicking [HERE](#).

AP Exam Updates

AP exam updates and information can be found on the PCHS website, under Student Services and AP exams. You can also click [HERE](#). There are action items that students in AP courses need to complete, so please take the time to read these updates with your students. Additionally, if your student does not want to take the AP exam, please complete this [AP opt out](#) by **November 8, 2024**. The CollegeBoard unused/canceled exam fee for this school year is \$40. Students who do



not complete the AP opt out form (above) by November 8th and do not take the AP exam for a 1st semester class will be responsible for paying the \$40 fee.

REMINDER: Updates and Information from our Career Development Coordinator

The **Great Xplorations Volunteer Networking Event** will be **on October 23rd** at the McKimmon Center in Raleigh from 9:00 am- 12:00 pm. We need your help to make this event an impactful experience for our students. Click [HERE](#) to learn more about Great Xplorations and register/sign up to volunteer.

ASVAB Testing will take place on October 24th in the PCHS Media Center.

The ASVAB Career Assessment helps students learn about themselves and the world of work. Students should see Ms. Shekevia Smith in Career Services to sign up or complete the [form here](#).

Career Services Business Alliance helps to provide our students at Panther Creek with an enriching learning experience both in the classroom and out. In addition to the content in the classroom, the goal of Career Services is to provide opportunities for students to further their personal and professional development through activities such as attending workshops, business tours, job shadowing, career conversations, mentorship, internships, etc. If you, your employer, or someone you know in the community would like to offer your time to develop and/or offer any of the mentioned activities, please complete the [form here](#) or email Ms. Shekevia Smith, Career Development Coordinator, at ssmith30@wcpss.net.

We are thrilled to be offering the **Reality of Money Simulation** again at PCHS **on November 14th** in the PCHS Media Center. Through the Reality of Money Simulation, students make financial decisions about paying for housing, transportation and other monthly expenses as they are transformed into young adults with jobs and other responsibilities to manage. We need volunteers to make this event a success. [Click here to sign up to volunteer at our Reality of Money simulation!](#)

REMINDER: Tools For Schools Program

Going to the State Fair and want to support PCHS? The NC State Fair will donate \$2 for every adult ticket and \$1 for every child ticket to our school if you purchase tickets using the Tools For Schools Link [HERE](#) and enter the PCHS code **526** under "membership code". This promotion is for only for online advance sales only now through 10/17/24.

REMINDER: SOS and Human Trafficking Lessons for students in grades 9th & 12th

PCHS 9th grade and 12th grade students will be engaged in district mandated lessons on suicide and mental health awareness and human trafficking. To proactively address rising issues pertaining to mental health and human trafficking, Panther Creek High School is offering depression awareness and suicide prevention training as part of the SOS Signs of Suicide® Prevention Program. The program has proven to be successful at increasing help seeking by students concerned about themselves or a friend and is the only school-based suicide prevention program listed by SAMHSA for its National Registry of Evidence-Based Programs and Practices that addresses suicide risk and depression, while reducing suicide attempts. SOS has demonstrated an improvement in students' knowledge and adaptive attitudes about suicide risk and depression. Ninth grade students will engage in the SOS lessons on mental health and human



trafficking, 12th grade students will only receive the SOS refresher lesson. These lessons will occur during the school day and are set to begin in October and run through the end of January. Parent letters and opt out forms will be sent home with your student, opt out letters will need to be returned to the school. If you have any questions, please contact SAP Coordinator/Counselor, Jasmine Iverson at jiverson@wcpss.net or in the Student Services office. Thank you!

REMINDER: lululemon PC gear is HERE!

Love Panther Creek and lululemon? Today is your lucky day because they have combined for new fan gear! Shop and get yours [HERE!](#)

REMINDER: Reflections- PTSA contest

Attention all PCHS artists, writers, dancers, musicians, and photographers! It's time to get creative! This year's National PTSA Art Reflections contest theme is: *"Accepting Imperfections"* – so let your imagination run wild and show us what that means to you!

How to Enter:

1. Choose a category: Visual Arts, Literature, Photography, Dance, or Music.
2. Create something inspired by this year's theme: "Accepting Imperfections"
3. Submit your work by October 21st using this submission form: [PCHS Art Reflections 2024-25 submission form](#)

View the rules here: [Reflections information for students](#)

For more info contact us at: reflections@panthercreekptsa.org

Let's make this year amazing! #PTSAReflections #ShowYourTalent #GetCreative

REMINDER: Yearbook Sale

You can purchase a Panther Creek High School yearbook now for \$100.00. Yearbooks sell out, so make sure you purchase yours soon at [this LINK](#).

Upcoming Dates

Please visit the school calendar on the PCHS website:

<https://www.wcpss.net/Page/14077#calendar27844/20240908/month>

10/14: Teacher Workday: NO SCHOOL for students

10/29: Fall Chorus Concert- PCHS Auditorium at 7:00 pm (clear bag policy applies)

10/29: Underclass make-up picture day

10/30: Winter sports tryouts begin

10/31: End of 1st Quarter

Administrator/Counselor Contact

Administrator	Students (Last Name)	Counselor
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WAKE COUNTY
PUBLIC SCHOOL SYSTEM

Ms. Monica Click (msclick@wcpss.net)	9th grade: A-He	Deborah Davis (dtdavis@wcpss.net) A-Ma
Ms. Jeorgine Trevithick (jtrevithick@wcpss.net)	9th grade: Hi-Pa	*Students with last names Hi-Ma will work with Deborah Davis. Students with last names Mb-Pa will work with Michael Smith.
Mr. Joseph Biggs (jbiggs@wcpss.net)	9th grade: Pe-Z	Mr. Michael Smith (msmith21@wcpss.net) Mb-Z
Ms. Casey Otten (cotten2@wcpss.net)	10th-12th grades: A-F	Mr. Mario Jones (mjones13@wcpss.net)
Mr. Dion Mapp (amapp@wcpss.net)	10th-12th grades: G - L	Ms. Akanksha Jain (ajain@wcpss.net)
Mr. Grey Mangum (tmangum2@wcpss.net)	10th-12th grades: M-Ri	Ashley Mathes (amathes@wcpss.net)
Ms. Crystal Locus (clocus@wcpss.net)	10th-12th grades: Ro - Z**	Ms. Angela Spangler (aspangler@wcpss.net)
Dean of Students		Ms. Shernita Telfair (stelfair@wcpss.net)
Student Assistance Program Counselor		Ms. Jasmine Iverson (jiverson@wcpss.net)
School Principal		Dr. Gregory Decker (gdecker@wcpss.net)



WAKE COUNTY
PUBLIC SCHOOL SYSTEM

Thank you for your continued support of Panther Creek High School!